

2023 NATH Conference Presenters



Barbara Austin, EdD, BCHt, CSMC

Barbara has a private practice in Gilbert, AZ. She works with the growing population of caregivers struggling with the fatigue of stress. She is a Board Certified Hypnotherapist, Certified Stress Management Consultant, an author, facilitator, and life coach. She has been a recurring presenter at NATH and IMDHA conferences. She is also an adjunct lecturer at SWIHA.



Linda Bennett, Ph.D, CCHt

Linda Bennett, Ph.D. CCHt., is Senior Curriculum Specialist and the Hypnotherapy Program Director at Southwest Institute of Healing Arts.

Linda is a Certified Clinical Hypnotherapist, Board Certified Hypnotherapy Instructor and Certifying Examiner as well as a Certified Life Coach.

Linda is the esteemed 2022 NATH Lifetime Achievement recipient, 2014 IMDHA Educator of the Year, and 2011 NATH award for Outstanding Clinical Contribution. She is also a published author and active mentor to aspiring professional hypnotherapists.



Peter L. Blum, CHt, CI, MSC

Peter Blum was awarded Instructor of the Year by the Nat'l Guild of Hypnosis in 2004, and in 2009 inducted into the Order of Braid. In 2018 Peter was awarded "Life Fellow in Hypnotherapy" by the Int'l Medical and Dental Hypnosis Association. In 2021, he was inducted into the Hypnosis Hall of Fame. He is also internationally recognized for his pioneering work in the field of Sound Healing, and has performed at the U.N.



Sarojini Alva Changkakoti, PhD, MA, MSc, MHt, LBLt, RM

Sarojini believes in wellness of body, mind, and spirit. She is a Faculty Member of HypnoBirthing International®, and senior Advisory Board member of NATH. Sarojini holds master's degrees in Human Development, Education and Business Management. She is a doctorate in Transpersonal Psychology. Sarojini offers, HypnoBirthing, Fertility consultant, Hypnotherapy, Hypnoanesthesia, Reiki and other workshops in the U.S.A, Canada, Malaysia, UAE, and India.

Sarojini truly transmits the incredible energy and wisdom of her rich experience and learning.

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Alicia Clifford, LCSWR, BCD, MHT

Alicia Clifford is a Master Hypnotherapist and a Licensed Clinical Social Worker. Alicia has extensive training and experience in the treatment of trauma, mental health, and the impact of adverse childhood experiences. As Karuna Reiki Master, Alicia combines Reiki with mediumship/intuitive practices to enhance the healing potential of hypnotherapy. Alicia serves as NATH's Clinical Advisor and proprietor of Healing Lotus Counseling and Wellness, her private practice in the village of Liverpool, NY.



Suzy Day, CCHt

Based in Oregon, Suzy is a Clinical and Spiritual Hypnotherapist, Board Certified Master Teacher, Master Hypnotic Coach, Certified Specialist in Past Life Regressions, in Life Between Life Regressions, and in Spiritual Exploration; Creator/Trainer of the ChakraScape© protocol; Author, published articles on hypnosis; Facilitator of monthly workshops; Suzy has a deep passion for hypnosis and it's potential to change lives. She provides experiential and engaging workshops, so participants can have an embodied experience of the material.



Paul J DiFranco, MLHR, CHt

Paul DiFranco, HR coach and consultant.

Instructing and performing hypnosis, yoga, and meditation for a decade plus. Paul is a certified clinical and spiritual hypnotherapist. Among his training is the Heart-Centered Hypnotherapy approach developed by the Wellness Institute and taught through the prestigious Cleveland Clinic's Center for Integrative Medicine. He sees clients in both one-on-one session and groups. He also instructs self-hypnosis, which further empowers clients to self-adjust independently.



Amanda M Dodd, CCHt, LC, QHHT, IEMT, RMT

I specialize in helping clients break through challenges, create new choices, and make exciting life changes. With a trauma-informed focus and personal + spiritual development approach, I'm passionate about empowering individuals to break free from codependency and become fully aligned.

A proud board member of NATH, I'm committed to providing high-quality, compassionate care to my clients. I'm a SWIHA alumna with certifications in mind-body wellness, integrative healing arts and 200hr Yoga Teacher.

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Sheri Fitzner, CHT

Sheri Fitzner is a Certified Hypnotherapist, a Reiki master, and teacher who hosts lectures and workshops. focusing on: Collective Healing and Balancing the Masculine and Feminine Energy.

Sheri manages a virtual and in-person practice in her current town of Cuba, NY. Her Book Worth a Rewatch is a pop-culture reference guide to a spiritual awakening can be found on Amazon. Her next book will be published in August of 2023. To contact: Hypnoforhealing.com



Dan Goyette, MCHT

Dan Goyette MCHT CO-Founder of the Michigan Hypnotherapy Guild also the CO-Founder of the Michigan Hypnosis Conference and The hypnocafe Podcast and Magazine Dan has been a practicing Medical clinical hypnotherapist since 2011 involved in research in hypnosis and hypnotherapy Dan is an associate member of the American Psychological association and a member of APA Division 30: Society of Psychological Hypnosis Dan is also an international speaker



Scott L. Haslar, MA, MHt, LBLt, CCR

I am a retired police officer, author, and recovery coach for those suffering from trauma/addiction. I help run the S.M.A.R.T. recovery group in the OBX of North Carolina. I am certified to assist those in recovery with a Wellness Recovery Action Plan. I have a M.A. in Applied Sociology and an M.A. in Transpersonal Psychology through which, I became certified in Integrated Imagery: Regression Hypnosis (MHt, LBLt). I am an active member of NATH.



Rev. Gail Lynn Heil

Reverend Gail Lynn, a Priestess in the Order of Melchizedek, describes herself as a new thought leader incarnated to help usher in "heaven on earth". As an author, spiritual teacher, and transpersonal hypnotherapist, Rev. Gail Lynn shares her experiences and insights from her NDE and remembering past lives to enLIGHTEN others on the spiritual journey, back to becoming your own hero/heroine. Rev. Gail Lynn will share insights from her upcoming book, "Covid, Karma, and Reincarnation"

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Dennis Lawson, MHT, NATH VP

Dennis' academic background in psychology and decades of experience as a Martial Arts competitor, teacher, and coach allow him to offer a comprehensive mind, body, and spirit centered approach to hypnosis and coaching. Mr. Lawson is a certified NLP Master Practitioner, has trained in various energy healing modalities, and is the current NATH Vice-President. Dennis assists his clients to unearth the hidden patterns limiting their progress, allowing them to fulfill their dreams.



Heiltje Le Roux, MHT, CHt, LBLt

Heiltje seeks logical correspondences between the unseen world of the psyche and the physical reality of our daily lives. As hypnotherapist, neuroscience coach, astrologer, and tarot reader, she wants to give meaning to the full potential of every client. With a strong spiritual focus, she seeks answers with each individual client she consults, to have the confidence of being in control of their lives, to make informed choices, and be captains of their own destinies.



Roxanne Louise, BA, CHt., RM

Roxanne Louise is a Hypnotherapist, Reiki Master, Dowser, & former President of the American Society of Dowsters. She specializes in mental & emotional healing & has won 7 national awards in hypnosis & dowsing (2 from NATH). Roxanne is the author of several books on hypnosis, Reiki, therapeutic pendulum dowsing, stop smoking, anger management, & the Infinite Intelligence Process. Her websites are RoxanneLouise.com, Dowsing-Online.com, and her blog of over 170 articles is UnlimitedPotentialHealingCenter.com.



Shelley Stockwell-Nicholas, PhD

Behavioral Expert, neuro-hypnosis researcher and developer of somatic interventions for over fifty years, Shelley, is Prez of The International Hypnosis Federation and author of 26 books (her latest "Vagal Joy: Neuro-Hypnosis"). A clinical practitioner, newspaper and magazine columnist and adjunct college teacher, you may have met her as a keynote speaker, teacher or radio/TV guest.

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Andy Robinson, THt

Andy Robinson is a Certified Transpersonal Hypnotherapist and a member of NATH and ABH. He practices hypnotherapy and light-work with his partner at their practice, Sierra Sky Healing Arts, in Reno, NV. He has over 30 years of experience as a member and facilitator in multiple 12 steps programs of recovery including AA, Al-Anon, & Adult Children of Alcoholics and Dysfunctional Families. Outside this practice Andy is a certified public accountant involved in private industry.

Co-Teacher - Rachel Carey, QHHT

Rachael Carey is a somatic therapy and quantum healing practitioner.



Desiree Holmes Scherini, BCH, MHT, LBLt, CRMT

Desiree Holmes Scherini is a Board Certified, Master Transpersonal Hypnotherapist and Certified Life Coach, NATH Certified Hypnotherapist Instructor. Certified in NLP, Cognitive/Behavioral and Mindfulness Life Coach and Life Between Lives Spiritual Regression and certifications as a Psychic Medium and Tarot Reader. She is recognized as a top Hypnotherapist in Washington DC. She is an author and YouTube and Podcast host of "Intuitive Journey with Desiree".

<https://linktr.ee/DesireeScherini> or directly from her website www.transhypnotherapy.com



Randy Tate, BA, MHT, LBLt, VSTCP

Randy works with individuals and groups to enrich their lives and facilitate self-healing by integrating and empowering the mind, body, and soul. He is a certified Master Transpersonal and Life Between Lives Hypnotist, NATH trainer, Vibrational Sound Practitioner, and holds a BA, from the University of Colorado at Colorado Springs. He and his wife of 48 years, Pam, live in Moyock, NC. Check them out on Facebook at <https://www.facebook.com/pjrtate75/>



John Thomas, M.S.

A graduate of Murray State University with a B.S. In Psychology and English and M.S. in Human Services.

Over sixty years involvement in the Edgar Cayce material with attendance at various conferences, study groups, research and training. Currently an employee of the Association for Research and Enlightenment and the earning of two training certificates in Meditation and Life Coaching.

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Linda Thunberg, MHT, LbLt, NATH CEO

Linda Thunberg is passionate about helping people create profound changes, which often manifests a whole new lease on life with deep zest! An award-winning Master Transpersonal Hypnotist with a dedication to her clients and the field. Her specialties include addictions, pain management, and especially childhood chakra regression. As President and CEO of NATH (National Association of Transpersonal Hypnotherapists) she teaches 4 levels of hypnosis certifications. Linda is a Certified Master Transpersonal Hypnotherapist, an Addictions Hypnotherapist, Certified Life between Lives Hypnotherapist, and a Quantum Healing Hypnosis Therapist. Linda is also A Delphi University Certified Medium, a Certified Life Coach, and an Ordained Minister.

www.TranspersonalPower.com and www.NATH.world



Rachel Horton White, MPA, CCHt

Rachel Horton White is a clinical hypnotherapist, mindfulness teacher and intuitive guide. Through Soulful Work Intuitive Consulting, Rachel helps people release negative patterns with practical tools like mindfulness, energy and intuition exercises to connect with their true, inner selves. Rachel's recent book is called Tools for the Awakening Soul: A Guide to Activate Your Intuition and Uncover Your Life's Purpose. She lives in mid-coast Maine with her husband and two children. Find Rachel at www.soulfulworkconsulting.com.



Joe Turiano, DCH, MHT.

Joseph Turiano, DCH, is a certified master Hypnotherapist through NATH, and a Doctor of Clinical Hypnotherapy through American Holistic University. He is a certified Family Constellation Therapist through the Hellinger Institute of Western Pennsylvania and an Intuitive Energy Healer who has been in private practice since 2007.



Beth Yates, MHT

Beth Yates lives in the Hampton Roads area. Beth has been teaching and transforming lives for over 25 years for people who want to create profound changes in their lives. Beth is an Ordained Minister, a Master Transpersonal Hypnotherapist, a Ro-Hun therapist, and a Healing Touch practitioner. She studied at Delphi University, served as the Superintendent for the Bureau of Lyceums, NSAC, and is an Associate Minister for the GISA Healing Sanctuary of HR.