

Universal Alignment

Mind-Body-Spirit

Early Bird
Special!
Through
September
3rd.



28th Annual Conference

Virginia Beach, VA | November 10th-12th

Pre and Post Conference Workshops
Register at www.NATH.world

The National Association of Transpersonal Hypnotherapists

Your home to professional resources, hypnosis education, membership, referral services, and events.

NATH Mission Statement

The National Association of Transpersonal Hypnotherapists educates, empowers, and energizes hypnosis professionals by providing education, collaborative, and networking services in the transpersonal approach to hypnosis.

The National Association of Transpersonal Hypnotherapists (NATH - EST. 1989) is the oldest and largest transpersonal hypnotherapy organization in the United States. It maintains an outstanding reputation for certifying and registering professional and clinical hypnotherapists from a variety of backgrounds across the U.S. and abroad. Focus is placed on continuing education and the unification of professionals who use meditative-trance states as the primary catalyst for creating transformations in the body, mind and spiritual directions of their clients.

NATH Vision Statement

To expand globally, the awareness and practice of Transpersonal Hypnosis and its benefits to the body, mind, and spirit. Whether you are curious about hypnosis, are new to the hypnosis field, a member as a Transpersonal Hypnotherapist or are a seasoned Hypnotist with another organization, our association is here to support you on your professional path.

If you haven't joined yet, Join Today!



Website: www.NATH.world

Registration/Cost:

Includes ALL 1 & 2 Hour Presentations

NATH Members **ONLY** Early Early Bird Until July 4th
\$199.00 Early Early Bird Special!

NATH Members \$219.00 Early Bird Special! After Sept. 3rd \$249.00
Non-Members \$249.00 Early Bird Special! After Sept. 3rd \$279.00

Professional Audio of Full Conference Only with Early Bird Registration \$100.00

Online: www.NATH.world/nath-annualconference

Questions: Please call 855-772-0459 (NATH) or email Linda@NATH.world or Beth@NATH.world

Hotel Information:

Holiday Inn & Suites
3900 Atlantic Ave. Virginia Beach, VA 23451
(888)465-4329
www.ihg.com
Book by October 9th, 2023 for the Group Rate

Airport:

Norfolk International Airport
www.norfolkairport.com

Conference Includes:

Saturday Keynote Address, Includes ALL 1 & 2 Hour Presentations, Hors d'oeuvres, Awards & Mixer Saturday night. Remember travel, meals, and lodging are tax deductible for educational purposes.

Cancellations:

Full refunds of the conference (minus \$75 admin fee) will be given if cancellation is received prior to October 10, 2023, in writing. Hotel cancellations must be handled through Holiday Inn.

Covid-19 Acknowledgment

We acknowledge the Covid-19 Pandemic is an ever-changing situation. We will follow all current guidelines during our conference. In the event we are unable to meet, we will hold our conference virtually in lieu of an in-person conference.

Continuing Ed

Attendance of the conference will fulfill your CEUs for NATH yearly membership requirements. Additional CEUs may be earned for pre-and-post conference courses.

Audio/Visual/Email Consent

By registering for the conference you are consenting to various audio/visual recordings in which you may be photographed or recorded. These may be used online and in newsletters. Email use is also agreed to for NATH Purposes.

President's Message

Hello and welcome to the 2023 Universal Alignment NATH Conference!

I'm thrilled to be here with you and your colleagues, along with our great presenters. NATH's conferences have always been homecomings - a chance to see old friends and make new ones, all within the ever-growing NATH family! Together, we will empower, educate, and energize ourselves through classes, workshops, the keynote, awards banquet, and networking opportunities.

Our conference is cozy enough to be able to network with colleagues; chat with the Keynote speaker, converse, or have lunch with the authors, and presenters. Celebrate with us Saturday night, as we present awards, draw raffles, eat, drink, and have fun!

This year's theme of Universal Alignment is perfect for our Transpersonal Hypnosis association! We will be aligning ourselves in body, mind, and spirit as all of our presenters and registrants will be **live in-person** in Virginia Beach!



Linda Thunberg, NATH President and C.E.O

There are other changes that I know you will be pleased with:

- ALL of the 1 and 2-hour presentations are included in your registration!
- An audio of the conference will be available for purchase with registration!
- The conference meeting rooms are fantastic, private, and all in one area!
- The Holiday Inn Va. Beach North Beach has great amenities - the Virginia Beach Boardwalk, four restaurants, a business area, an indoor pool and hot tub, and Oceanfront/view rooms and sunrise views all waiting for you!
- A Friday night experience -included with registration: "Sounds for Healing and Trance."
- Saturday night Karaoke - NATH After Dark... (And after awards!)
- Sunday Intuitive Gallery Readings with Linda and friends!
- Morning Yoga, Chi Kung, and Meditation on the beach are all included in your weekend!

President's Message

We are pleased to have International Best-Selling author and World-Class Communicator Karen Hand, a Board-Certified Hypnotist, Trainer, and Mentor, be our Keynote this year, speaking about "The Secret to Magical Hypnotic Alignment!" Karen is the author of books we all know and love, Magic Words and Language Patterns, The Hypnotist's Essential Guide to Crafting Irresistible Suggestions, and Hypnotic Workshops Like A Pro! (Co-written with Kelley T. Woods), Trance Dance – The Hypnotic Art of Leading and Following and Hypnosis – So Easy YOU CAN DO IT with Your Eyes Closed...or Wide Open. I can't wait to hear her Keynote; I'm sure you feel the same way!

Karen, and other well-known hypnotists, like Shelley Stockwell, Linda Bennett, Peter Blum, Roxanne Louise, and many more that you know and love, along with some new speakers, will be presenting topics and workshops to align your body, mind and spirit with yourself, your business, this world, and the universe!

I look forward to welcoming you in person at the Holiday Inn Virginia Beach, North Beach, along with our board members and volunteers... let's share a sunrise walk on the beach, a meditation, thoughts about presentations, or a chat over coffee, lunch or dinner.

In Love and Light for all~

Linda Thunberg

Your NATH President and C.E.O.



NATH Advisory Board

Vice President: Dennis Lawson, MHt TNLP

Clinical Advisor: Alicia Clifford, MHt, LCSW-R

Secretaries: Stacey Hostetter, MHt & Peggy O'Neill, CHt

Marketing Tech: Nicole Kershner

Advisors

Sarojini Alva Changkakoti, MSc, MA, MHt, PhD

Desiree Holmes Scherini, MHt, LBLt

Joe Turiano, MHt

Beth Yates, MHt

Amanda Dodd, CHt

Aligning to the Evolution of NATH!

Witness NATH's Exponential Growth in Presenters, Attendees, and Offerings!

- ALL classes, ALL weekend are included with your registration!
- We have more presenters and choices this year than ever before! Don't miss out!
- We understand that your schedule can sometimes be a juggling act, but fear not! To ensure you make the most of every moment at the conference, we're offering an Audio recording of ALL classes! Order your recording with Registration or at Conference!
- Yoga, Meditation, Chi Kung, and Walks on the Beach included for your morning wake up!
- World Class presenters including special guests Karen Hand and Peter Blum
- NATH After Dark Karaoke for fun on Saturday evening!
- More private spaces for networking and shopping with our vendors, just outside our meeting room doors!
- All Oceanfront/Oceanview rooms!



Order your professional AUDIO recording when registering! Only **\$100** with early bird registration.

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Joe Turiano, MHt
Beth Yates, MHt
Amanda Dodd, CHt



Align Mind, Body, & Spirit

at the Holiday Inn & Suites in Virginia Beach

Minutes Away from Edgar Cayce's A.R.E

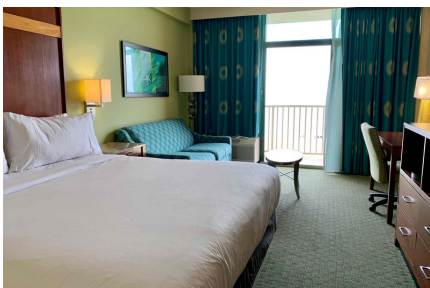
Relax on a private balcony overlooking Virginia Beach in each hotel guest room. The bright design rejuvenates the senses and a flat-screen TV, free Wi-Fi access, microwave, and fridge make your stay convenient. Each guest room has one parking pass available.



Enjoy the best of the beach as the hotel's guest in Virginia Beach. Inspired by 50 years of family tradition, the Isle of Capri offers fine Italian dining and stunning views of the Atlantic. The Square Whale is the ideal spot to enjoy moderately-priced poolside specialties. Want a great start? The Greenery Cafe's funky candy-colored atmosphere serves a buffet of breakfast delights.



After an uplifting and expanding day at the conference unwind in the Splish Splash Lagoon, float along the indoor lay-Z-river or lounge with a favorite summer beverage at the oceanfront outdoor pool.



Holiday Inn & Suites North Beach

3900 Atlantic Avenue
Virginia Beach, VA 23451
(757) 428-1711

[Reserve Here](#)

Use Code "HYP"

For special group rate of \$117.00

***Reserve Your Ocean Front/Ocean View
Room by October 9th, 2023**

Keynote Address

Karen Hand BCH, CI

"The Secret to Magical Hypnotic Alignment"

How much time do you spend crafting your words or choosing the right script for Hypnosis Sessions? Do you ponder and plan and post for help on social media?

You may be wasting your time!

Discover the secret to true magical alignment. It goes far beyond the words or even the well-written suggestions. And it might be easier than you ever imagined.

The Magic is in the B. S.

When you really understand your client's B.S. (whether you agree with it or not) you are well on your way to finding the path to success. Learn the secret to that successful alignment. When you utilize this valuable information you'll have more free personal time as a bonus!



About Karen Hand:

Karen Hand is a Board-Certified Hypnotist, Trainer, Mentor, International Best-Selling author, and World-Class Communicator. Her 30-year career as a Chicago radio personality was the perfect foundation for using language to help others exercise their imagination. Karen's transition to Hypnosis re-purposed that skill and since 2005 she has helped thousands of people take control of their lives and she's trained countless hypnotists and NLPers to help others change for good.

Karen sees clients and conducts trainings in her Chicago office and globally via ZOOM. She has received many awards including: Hypnotist of the Year, Educator of the Year, Leadership Award, IMDHA Pen & Quill Award for Literary Excellence, and the IACT Distinguished Service Award. Karen is the author of Magic Words and Language Patterns, The Hypnotist's Essential Guide to Crafting Irresistible Suggestions, Hypnotic Workshops Like A Pro! Co-written with Kelley T. Woods, Trance Dance – The Hypnotic Art of Leading and Following and Hypnosis – So Easy YOU CAN DO IT with your Eyes Closed...or Wide Open.



**EARLY BIRD
DISCOUNT**

Early Bird Special

NATH members! Register for the Conference by **September 3rd** and you will be entered in our 2 raffles for a chance to win a 1-year NATH Membership Renewal (valued at \$95!) or 1 night hotel stay at the Holiday Inn during the conference! (valued at \$117!)

[Register here for the conference](#)
Use coupon code **EARLYBIRD**



Join Us

- Specialty Courses
- Quarterly Virtual Retreats
- Annual Conference
- NATH Chapter Meetings
- Committee Opportunities
- Holistic Retreats

Get Involved By Emailing
Linda@NATH.world

MHt Training

September 20th-24th, 2023
Hyatt House Oceanfront, Virginia Beach, VA


Ready to become a Certified Master Hypnotherapist?

Course Outline Includes:

- Hypnotic Regression
- Client-Centered Approach
- Regression Theory
- Engaging with a Problem History
- Regression Methods
- Advanced Regression Techniques
- Regressive- Transformational Models
- Reframing and Spiritual Models
- Entity Releasement Models
- Somatic Healing

Cut-off Date: August 18th, 2023

Group Code: G-NATH
Call 800-886-0451



Details and Registration on
www.NATH.world/upcoming-courses

FRIDAY

NOVEMBER 10TH

7:00	Meditation/Yoga		Walk On The Beach	
ROOM	CAPE HENRY	FALSE CAPE	CROATAN	NATH EXCLUSIVE
9:00	Rachel White Accessing the Akashic Records	Linda Bennett Making the Most of your Hypnotherapy Business 1 Day Workshop	Shelley Stockwell Neuro-Hypnosis (Vagal Nerve) Specialist 2 Day Certification	Dennis Lawson Transpersonal Neuro-Linguistic Programming (TNLP) Foundation Course 2 Day Certification
10:00				
11:00	Paul DiFranco Instructing Self Hypnosis			
12:00				
1:00	Dan Goyette The Map to Successful Aging			
2:00				
3:00	Heiltje Le Roux Hypnosis, Biology and the Tree of Life			
4:00				
5:00	Desiree Holmes Tarot Archetypes for Insight & Inspiration			
6:00				



Peter Blum
Sounds for Healing
and Trance
7:30-9:30 PM



Friday November 10, 2023

9:00 am - 6:00 pm: Making the Most of Your Hypnotherapy Business-Linda Bennett

RM: False Cape

Understand your why for being a hypnotherapist. Most of us would say because we want to help others. However, there's got to be more! Learn to identify your bliss and go for it! Learn to integrate various techniques and tools to help you personalize your offerings.

9:00 am - 6:00 pm: Stockwell's Vagal Nerve; Neuro-Hypnosis Certification Training - Shelley Stockwell

RM: Croatan

Based on Dr Shelley's popular book "Vagal Joy (if you have the nerve) The Art and Science of Neuro-Hypnosis." Learn "hands on" to help you and others claim their natural gifts and be all they can be.

9:00 am - 6:00 pm: Transpersonal Neuro-Linguistic Programming (TNLP) Foundation Course - Dennis Lawson -

RM: NATH Exclusive

What if you were able to observe, listen, and learn more effectively?

Can you easily access your clients' beliefs, their underlying challenges, and "map of their world"?

In this live only, interactive workshop, we will train the physical, mental, and emotional skills of Transpersonal Neuro-Linguistic Programming (NLP). These lessons will offer methods you can begin using immediately. Join us to amplify your personal skills and enhance the lives of your clients.

Are you finally prepared for a course that does more than simply add tools to your "toolbox"? Aren't you ready for the next evolution of personal and professional mastery?

9:00 am - 11:00 am: Accessing the Akashic Records - Rachel White

RM: Cape Henry

The Akashic records are a soul-level consciousness, or "energetic library," containing an archive of all souls throughout existence and their journeys and emotions. There are light beings (a Council of Elders), guides/teachers and ancestors/deceased loved ones. The Council guides clients to learn about their souls. With a meditation and prayer, you can connect clients with past lives that can explain patterns in this lifetime. They can learn about soul lessons, why they incarnated with certain people and soul purpose. It is a healing place of light that can unlock hidden knowledge and wisdom for clients, and for you the practitioner.

11:00 am - 1:00 pm: Instructing Self Hypnosis - Paul DiFranco

RM: Cape Henry

Show your clients how they can help themselves between sessions. It can also be an added service offering and a way to introduce potential clients to hypnosis.

1:00 pm - 3:00 pm: The Map to Successful Aging - Dan Goyette
RM: Cape Henry

This workshop is designed to help you create a way of helping your client to not only lose weight but to gain a new way of living that moves them to a total living a lifestyle that helps them achieve overall well-being setting up them up for successful aging, better energy greater clarity, with improved ac1 no#as we age we all change physically mentally and emotionally this workshop will give you the tools to help your clients do this in a safe and positive manner that keeps them moving forward.

3:00 pm - 5:00 pm: Hypnosis, Biology and The Tree of Life - Heiltje Le Roux

RM: Cape Henry

From the first concept of experiencing self, to the crystallization of modern ideas and thought, humans wanted to "know thyself." The Tree of Life as creation structure, is also the structure as the cosmic reality of our solar system and the same structure of the human personality and potential. As above so below. The eternal dynamic holographic reverberations of every choice becomes the recorded cosmic blueprint as human soul and DNA. Hypnosis taps perfectly into this ancient knowledge of who we are, where we are, and why we are, based on the understanding of the choices and contracts we make.

5:00 pm - 7:00 pm: Tarot Archetypes for Insight and Inspiration - Desiree Scherini

RM: Cape Henry

In this experiential workshop, participants will learn about the archetypes of the major arcana of the Tarot, and how the cards can be used for insight and inspiration. Through the cards they will be able to explore what part of their persona is being expressed or needs expression. Experience a guided hypnosis using the archetypes to bring forth the underexpressed strength needed for balance. A script of the hypnotic process will be available with handouts to participants. Bring a deck of Tarot if you have one, preferably the Rider Waite.

7:30 pm - 9:30 pm: Sounds for Healing and Trance - Peter L Blum

Beginning with a brief spoken overview of how sound healing and therapy has a direct relationship with hypnosis; followed by a lengthy sound meditation featuring singing bowls, gong, flutes, tuning forks, etc.

SATURDAY NOVEMBER 11TH

7:00	Meditation/Yoga		Walk On The Beach	
ROOM	CAPE HENRY		FALSE CAPE	CROATAN
9:00	<div>Welcome & Keynote</div> <div>Karen Hand</div> <div>" The Secret to Magical Hypnotic Alignment "</div>			
10:00				
11:00	Lunch Break 11:00-12:00			
12:00	Rachel Carey & Andy Robinson Finding Your Niche & Online Marketing	Barbara Austin Yin and Yang of Stress	Suzy Day Ending the Cycle of Inherited Family Trauma	
1:00	Linda Thunberg Aligning Minds in Group Hypnosis			
2:00	Amanda Dodd The Power of Aligned Emotions	Peter L Blum Shamans: The Original Trance Practitioners	Linda Bennett Embracing a New Narrative for Mind, Body, and Spirit Healing	
3:00				
4:00	Alicica Clifford The Higher Self: Helping Our Clients Find A Sense of Spirituality	Roxanne Louise Pendulum Dowsing for Hypnotherapists- Powerful Investigative	Randy Tate Balancing The Divine Feminine and Masculine Energies	
5:00	Scott Haslar Universal Alignment Through Trauma & Chaos			
6:00	NATH Board Forum 6:00 -7:00			

Awards and Mixer 7:00-9:30 NATH After Dark Karaoke



Saturday November 11, 2023

9:00am - 11:00am : Welcome/Keynote

President's Address: Linda Thunberg - NATH President/CEO

Keynote: Karen Hand - "The Secret to Magical Hypnotic Alignment"

12:00 pm - 1:00 pm : Finding Your Niche & Online Marketing on a Micro-Budget - Rachel Carey & Andy Robinson

RM: Cape Henry

Hypnotherapists can maximize their chances of success while operating on a micro-budget with niche targeting using online marketing. Niche targeting involves identifying a specific segment of the population that aligns with the hypnotherapist's expertise or specialized approach. This focused approach allows for tailored marketing messages and a higher probability of attracting interested clients.

12:00 pm - 2:00 pm: Yin and Yang of Stress - Barbara Austin

RM: False Cape

Eustress gives us strength, and the energy to tackle the challenges in our lives. It's a good thing. Distress creates an excess of hormones driving our minds and bodies to illness if not kept in check. In this session, Barbara will explore ways to turn distress into eustress, to create a balance between the yin and the yang of stress and explore methods to control your stress

12:00 pm - 2:00 pm: Ending the Cycle of Inherited Family Trauma - Suzy Day

RM: Croatan

The last few years have given us many opportunities to examine our life and our businesses if we choose to observe and flow with changes. Join Linda for a business discussion on "what now?" what we can do to grow, maintain and even excel in our businesses and life during these unprecedented times. Acknowledge that pivotal point and learn to move through it.

1:00 pm - 2:00 pm: Aligning Minds in Group Hypnosis - Linda Thunberg

RM: Cape Henry

Learn Linda's techniques to engage all parts of the mind in group hypnosis.

2:00 pm - 4:00 pm: The Power of Aligned Emotions - Amanda Dodd

RM: Cape Henry

We see it daily, loved ones, friends, and especially clients misaligned and avoiding their emotions. We know how that story plays out and the damage it can create, but do we know how to be more proactive with our emotions? When we befriend emotions we gain the opportunity to take powerfully aligned actions in our lives, it's an immense gift! I will show you powerful techniques to teach your clients for better alignment!

2:00 pm - 4:00pm : Shamans: The Original Trance Practitioners - Peter L Blum

RM: False Cape

By staying within the limitations of our Western, civilized mindset of what a hypnotist should look or act like, we lose access to many of the tools, attitudes, and methodologies that we can learn from the world of traditional shamanism.

2:00 pm - 4:00 pm: Embracing a New Narrative for Mind, Body, and Spirit Healing- Linda Bennett

RM: Croatan

Often our clients are holding on to old narratives and stories that keep them from healing and empowerment. In this workshop learn new tools to help the client release the old narrative and embrace a new story of healing and growth.

4:00pm - 5:00 pm: The Higher Self: Helping Our Clients Find A Sense of Spirituality - Alicica Clifford

RM: Cape Henry

Individuals are seeking a sense of Spirituality outside of the context of formal religion. Wanting to develop the Mind-Body-Spirit connection, many get stuck at the Spirit part - often feeling overwhelmed, it's too abstract, or they aren't worthy of accessing this aspect of their being. As hypnotherapists, we can offer them the concept of "The Higher Self." In this session, we'll explore the concepts of Spirituality and The Higher Self. We'll then discuss tangible ways for your clients to meet their Higher Self, both in hypnosis and outside of your office.

4:00pm - 6:00pm: Pendulum Dowsing for Hypnotherapists- Powerful Investigative - Roxanne Louise

RM: False Cape

Introductory course in pendulum dowsing. Identify the root cause & relevant factors to any problem, techniques likely to be effective, skills or strategies that will make a difference BEFORE your client walks in the door! Boost your reputation by getting faster & more comprehensive results through pendulum dowsing with sophisticated charts. Use the same process on yourself.

4:00 pm - 6:00 pm: Balancing The Divine Feminine and Masculine Energies -Randy Tate

RM: Croatan

Balancing the Divine Masculine with the Divine Feminine Energies. The workshop will include a presentation and discussion where the participant will learn about the traits, differences, and ways to bring both into balance. The workshop will conclude with a group Chakra balancing exercise to balance the two energies.

5:00 pm - 6:00 pm: Universal Alignment Through Trauma and Chaos: The Volition of Posttraumatic Growth -Scott Haslar

RM: Cape Henry

An overview of my police career and the psychological and spiritual tumult following one traumatic incident, a controversial officer-involved shooting. I briefly describe the experience, the aftermath, and ultimate redemption that can be found in trauma—growth and alignment with the Universal through transpersonal and trauma-informed education, hypnotherapy, shadow work, and somatic integration. Ultimately, my message is one of hope. I describe how the helping professions can turn us inside out, and how our resiliency can allow us to get back up and move forward beyond the trauma.

SUNDAY

NOVEMBER 12TH

7:00	Meditation/Yoga	Walk On The Beach	Morning Chi Kung Workshop
8:00	CAPE HENRY	FALSE CAPE	CROATAN
9:00	Linda Thunberg Childhood Chakra Regression	Shelley Stockwell Love, Light, and Spirit	Suzy Day Empath Gift or Curse
10:00	Andy Robinson Synergizing 12 Step Programs of Recovery		Joe Turiano The Psychology of Addiction
11:00	Roxanne Louise Energy Healing for Positive Change	Linda Thunberg Enhancing Business Prosperity Through Alignment	Bev Shankman More Than Just an Empty Nest
12:00	Sarojini Alva A Holistic Approach to Fertility		Amanda Dodd Ancestral Healing - Inherited...
1:00	Andy Robinson + Rachel Carey Integrating Somatic Healing	Karen Hand Techniques for Client Insight without Resistance	Gail Heil Journey to Alignment
2:00	Joe Turiano Introduction to Family Constellation Therapy		Beth Yates & Linda Thunberg Beyond Life Between Lives
3:00		Alicia Clifford The Trauma Informed Hypnotherapist	John Thomas Mind is the Builder
4:00	Desiree Sherini Images and Intuition		
5:00	Sheri Fitzner Inspiration in Plain Sight	Intuitive Gallery Readings Linda Thunberg & Friends	



THANK YOU
FOR BEING A PART OF
THIS UNFORGETTABLE
EXPERIENCE!
UNTIL OUR PATHS CROSS
AGAIN CHERISH THE
MEMORIES WE HAVE
CREATED.

NATH.WORLD

Sunday November 12, 2023

9:00 am - 10:00 am: Childhood Chakra Regression- Linda Thunberg

RM: Cape Henry

Delve into the intricate connection between childhood perceptions, beliefs, and the patterns they create in our clients' lives. Learn Reflective Rapport and client-led inductions. Witness the profound power of Childhood Chakra Regression as Linda discusses how to help clients to release and reshape their self-perceptions holistically at their core, allowing them to have permanent changes in their lives!

9:00 am - 11:00 am: Love, Light, and Spirit - Shelley Stockwell

RM: False Cape

What's love got to do with it? Stoke Up Your Love Engine and be the one who lives what you teach!

9:00 am - 10:00 am : Empath Gift or Curse - Suzy Day

RM: Croatan

Empaths are emotional sponges. They feel and absorb others' emotions, physical sensations, and energy. As a result, they may suffer exhaustion, anxiety, addictions, depression, and other physical/mental maladies. Often, they are unaware those ailments are a result of the influence of others. The secret to managing empath abilities is to use grounding, clearing, protecting, and self-care strategies, including setting boundaries. This develops resilience and cultivates the ability to face life's challenges free of sensory overwhelm or health detriments. Come learn new ways for your clients to protect their sensitivities, mitigate the challenges, while remaining open to enjoying life.

10:00am - 11:00am : The Synergy of Hypnotherapy and the 12 Steps of Recovery - Andy Robinson

RM: Cape Henry

Hypnotherapy and 12-step recovery programs complement each other in supporting individuals on their path to healing and sobriety. Hypnotherapy harnesses the subconscious mind's potential for transformation and behavioral change; 12-step programs emphasize the power of community, surrender, and personal responsibility. As Hypnotherapists, having an understanding of the 12 steps is crucial for several reasons. It allows us to recognize when clients may be struggling with addiction. We can help clients pursue support systems that align with their needs, whether it be engaging in a 12-step program, seeking hypnotherapy, or a combination of both; ultimately enabling client freedom and healthy lifestyles.

10:00am - 11:00am : The Psychology of Addiction - Joe Turiano

RM: Croatan

Addiction is a significant concern in modern society. Many Hypnotherapy clients struggle with forms of addiction, including those who are seeking smoking cessation and weight loss. Learn about the hidden patterns behind addiction, and gain a new tool for enhancing the content of your Hypnotherapy sessions.

11:00 am-12:00 pm: Energy Healing For Positive Change - Roxanne Louise

RM: Cape Henry

Use the things that upset you in the world to locate & heal stuck energies & long buried wounds within yourself to change your resonating consciousness. Form a group & meet regularly to project strong intention in meditation/visualization to create a positive, even powerful, energetic impact upon events. Integrate with multiple modalities, i.e. Ho'Oponopono, Timeline, Change Decision, Infinite Intelligence Process, Emotion Code & more. You will receive guidelines on setting up and conducting a regular group, & training others in the basic processes.

11:00 am - 1:00 pm: Enhancing Business Prosperity Through Alignment - Linda Thunberg

RM2: False Cape

Discover the keys to unlocking your business's prosperity through alignment. Join me to explore the powerful synergy between spiritual laws of success, prosperity thinking, and effortless manifestation. Experience the magic of group clinical hypnosis and harness its profound impact on success.

11:00 am - 12:00 pm: More Than Just An Empty Nest- Bev

Shankman

RM: Croatan

When we are young, many of us expect to grow up, start careers, get married, have kids. As our children grow, we begin to think about the next generation, children-in-law, grandchildren. We may not anticipate all of the changes and emotions attached to expanding families as our kids marry, move away, begin their lives separate from us. It's more than an empty nest.

12:00 pm - 1:00 pm: A Holistic Approach to Fertility - Sarojini Alva Changkakoti

RM: Cape Henry

Most couples dream to be blessed with a child. In general, one out of 10 couples have fertility issues. The Holistic Approach to Fertility- Connecting the Mind Body and Spirit of HypnoBirthing Fertility Program provides powerful tools for the use of Hypnotherapists in helping couples achieve their dreams of having babies. This workshop will provide an insight into all the alternate therapies that may be used to help clients naturally conceive or as a powerful complimentary tool for assisted reproductive technology such as IVF, IUI etc. Participants will experience a healing meditation for fertility or other issues.

12:00 pm - 1:00 pm: Ancestral Healing - Inherited or Misaligned Amanda Dodd

RM: Croatan

Ever hear your clients or even yourself say "All the women in my family or all the men in the family ..." as though it's a justified explanation for lower quality of life? Is there a family curse, generational trauma, or inherited energy misalignment in your family's tree? Let's have a look! **Includes Hypnotherapeutic Meditation.** Join me for this experience and help individuals gain a deeper understanding of their past and create positive change for themselves and future generations.

Sunday November 12, 2023

1:00 pm - 2:00 pm: Integrating Somatic Healing With Your Practice Using Triadic Models- Andy Robinson + Rachel Carey RM: Cape Henry

Integrating somatic healing into a hypnotherapy practice can offer powerful benefits to clients by bridging the gap between body, mind & spirit. The client/hypnotherapist/somatic practitioner triadic model offers a dynamic and collaborative approach to healing and transformation. In this model, the client, hypnotherapist, and somatic practitioner form a powerful alliance to address physical, emotional, spiritual and psychological issues. The hypnotherapist brings their expertise in hypnotherapy techniques, while the somatic practitioner focuses on the body's wisdom and somatic interventions. Incorporating somatic healing into your hypnotherapy practice can bring value to your business; but strong ethical boundaries are required to be sustainable.

1:00pm - 3:00pm : Insight Without Resistance or "Formal" Trance - Karen Hand RM: False Cape

Discover 2 valuable techniques that produce powerful insight for use in client sessions or with groups or teens.

You will learn magical inductions that produce instant trance and incredible insight without resistance. Plus, the techniques easily work on even the most analytical clients.

Receive the templates and scripts that make you look like a genius while having your client do all the work (as it should be!)

Experience the techniques to learning from the inside-out and then you will have a plan for groups or clients - so that, in your future, there will be no homework or pre-session panic!

1:00 pm -2:00 pm: Journey to Alignment - Gail Heil RM: Croatan

Timeless secrets of the Law of Attraction and the Law of Cause and Effect govern how thoughts, words, and deeds become things and make manifest our reality. As participants are guided in a time travel experience, we will capture the memories of times when we used Universal Laws (Natural Law) in the past and bring the knowledge back to the present. We will offer healing to any person/experience or past trauma/suffering we experienced ourselves or caused for others. As we remember and live in alignment with Universal Laws, Spiritual Laws, we attain greater alignment in body, mind, and spirit.

2:00 pm - 4:00 pm: Introduction to Family Constellation Therapy- Joe Turiano RM: Cape Henry

Family Constellation Therapy is an innovative modality that combines ancient and indigenous wisdom with insights that have origins rooted in Psychotherapy. It reveals hidden causes of psychological issues such as addiction, anxiety, depression, relationship difficulties, and many other problems. Learn more about some of the underlying origins of patterns associated with problems such as smoking and weight loss, and explore a new tool that can help you better understand the human experience.

2:00 pm - 3:00 pm: Beyond Life Between Lives- Beth Yates & Linda Thunberg RM: Croatan

Beyond Life Between Lives, Aligning with your Galactic Family, We've had many lives in many places. This is a conversation about our multi-dimensional selves, and where clients may go in life between lives expanded.

4:00 pm-5:00 pm: Images and Intuition-Desiree Sherini RM: Cape Henry

In this workshop Desiree will introduce the participants to a process to help their clients access subconscious information through images. Using the imagery of Tarot and Oracle cards, books of artwork or even photographs the client can be guided to open up to intuitive insights by telling the story that comes forward. This is particularly useful for visual clients who may have a hard time putting things into words. By recognizing the areas of the image that stand out, the client can better understand the self and relationship to circumstances and situations. A demonstration will take place.

3:00 pm - 5:00 pm: The Trauma-Informed Hypnotherapist- Alicia Clifford RM: False Cape

Even when we are not directly addressing our client's trauma, we should always be Trauma-Informed Hypnotherapists! "Universal Precautions" can be in place to ensure that you are always creating a safe and trauma-informed experience for every client. This presentation will include a general overview of trauma, the components of trauma-informed care, education on the "Universal Precautions," and examples of trauma-informed language that you can use in your scripts with all clients. We'll have a group discussion and brainstorming session related to simple and practical strategies that you can use to create a trauma-informed practice NOW!

3:00 pm - 5:00 pm: Co-Creation: Mind as The Builder- John Thomas RM: Croatan

Edgar Cayce was asked throughout his life pertinent questions about creation, our beginnings as a soul, our relationship to a creator, etc. Mind is the key to our creation from the beginnings of the universe to us as individual souls today. The readings explain how we are responsible for all our decisions based on free will.

5:00 pm - 6:00 pm: Inspiration in Plain Sight- Sheri Fitzner RM: Cape Henry

Empowering clients to self-driven perception changes and healing by working with the universe to feel supported and seen in a post-pandemic society. Seeking out Inspiration in the seemingly mundane activities to heal and realign mind body and spirit. When we remove resistance to healing, we can inspire true changes. Utilizing the imagination and continuing the work outside of sessions to further root new belief systems. To expand the minds to see beyond the current restrictions of the world and feel the support of the universe that is working with us and for us. Bringing a person back to alignment

Workshops and Certifications

MONDAY NOVEMBER 13TH

CAPE HENRY

FALSE CAPE

CROATAN

<p>Dennis Lawson <i>Transpersonal Neuro-Linguistic Programming (TNLP) Foundation Course</i> 2 Day Certification</p> <p>9:00-6:00</p>	<p>Karen Hand <i>Practical use of Magic Words and Patterns in ALL Client Sessions</i> 1 Day Certification</p> <p>9:00-6:00</p>	<p>Shelley Stockwell <i>Neuro-Hypnosis (Vagal Nerve) Specialist</i> 2 Day Certification</p> <p>9:00-6:00</p>
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TUESDAY NOVEMBER 14TH - 18TH

NATH LBLt with
Linda Thunberg
Room False Cape 9:00-6:00

Certification & Workshop Descriptions

Certifications

2 Day Certification

Friday Nov 9th and Monday Nov 13th 9am-6pm

Dennis Lawson

Transpersonal Neuro-Linguistic Programming (TNLP) Foundation Course \$495

This certification offers you the initial knowledge and abilities to apply TNLP in your life, as well as, your hypnosis or coaching practice. Lessons will comprise: Anchoring methods and identifying learning models, increasing sensory awareness and rapport, other skills include recognizing client presuppositions and using their submodalities to activate change...What if you were able to observe, listen, and learn more effectively? We will train the physical, mental, and emotional skills of Transpersonal Neuro-Linguistic Programming (NLP). These lessons will offer methods you can begin using immediately. Join us to amplify your personal skills and enhance the lives of your clients. Are you finally prepared for a course that does more than simply add tools to your "toolbox"? Aren't you ready for the next evolution of personal and professional mastery?

2 Day Certification

Friday Nov 9th and Monday Nov 13th 9am-6pm

Shelley Stockwell-Nicholas

Neuro-Hypnosis (Vagal Nerve) Specialist- \$495

This hands-on class includes everything you need to know to master of the art and science of integrated hypnosis and neurology. includes dozens of techniques and cutting-edge protocols that evoke positive neuroplasticity; based on Dr Shelley's popular book "Vagal Joy (if you have the nerve) The Art and Science of Neuro-Hypnosis." Learn "hands-on" to help you and others claim their natural gifts and be all they can be.

INCLUDES

- Brain Training
- Neuroplasticity
- Body Language
- Hypnosis Scripts
- Sensory Activation
- Holotropic Breathwork
- Latest Scientific Findings
- Reconstructive Mind, Body, and Spirit Interventions

Workshops

Friday Nov. 10th 9:00AM - 6:00 pm

Linda Bennett

Making the most of your Hypnotherapy business \$149

How do you personalize your work to attract the right clients for you? Understand your why for being a hypnotherapist. Most of us would say because we want to help others. However, there's got to be more! Learn to identify your bliss and go for it! Learn to integrate various techniques and tools to help you personalize your offerings

Monday Nov. 13th 9:00AM - 6:00 pm

Karen Hand

Practical use of Magic Words and Patterns in ALL Client Sessions \$227

Discover successful session structure from first contact through closing words of encouragement for lasting change. Increase your understanding of how the magic works in conversation and deep trance. Learn how to collect the necessary information from the client to craft perfect suggestions and make them stick. See a demo and practice the Outcome Specification Intervention that makes your job easier and leads to wide-awake change. From there, you can be completely sure that you have the right "script" for any issue. PLUS, Learn how to do ALL of the work IN-SESSION with no prep and finish completely confident of success. Powering clients to self-driven perception changes and healing by working with the universe to feel supported and seen in a post-pandemic society. Seeking out Inspiration in the seemingly mundane activities to heal and realign mind body and spirit.



LBLt Certification Course



5-Day Certification: In-Person & Virtual

November 14th - November 18th, 2023 9:00 am to 6:00 pm

Room: False Cape

Past-Life Regression Therapy and Life Between Lives Intensive -with Linda Thunberg

Requirements: Certified Hypnotherapist

Are you a Certified Hypnotherapist seeking to expand your horizons and offer profound healing experiences to your clients? Join us for a life-changing 5-day certification course that will take you on a captivating journey into the realm of Life Between Lives.

Led by the esteemed Linda Thunberg, a renowned expert in Past-Life Regression Therapy, this intensive training is designed to elevate your skills and give you a deep understanding of interlife exploration. Discover the methodologies pioneered by visionaries like Joel Whitton, Joe Fischer, Dr. Michael Newton, and further developed by esteemed professionals such as Allen Chips, Marjorie Reynolds, and Madonna Kettler. Throughout this transformative course, you'll delve into extensive case histories, learn powerful deepening exercises, and explore the mesmerizing concept of the soul's journey from death to gateway, orientation, soul groups, spirit guidance, life reviews, prebirth planning, and beyond. With experiential learning opportunities as both a client and a hypnotherapist, you'll witness the profound impact of Life Between Lives sessions firsthand.

Here's what awaits you during this extraordinary week:

- **Masterful Techniques:** Acquire the skills and techniques to conduct safe and effective past-life regression sessions, enabling deep healing and transformation for your clients.
- **Superconscious Exploration:** Expand your repertoire by tapping into the superconscious realm, gaining profound insights and wisdom for personal and professional growth.
- **Offering Life Between Lives:** Enhance your hypnotherapy or past-life therapy practice by confidently providing life between lives regressions, a powerful and sought-after modality.
- **Client's Perspective:** Gain a unique perspective as a client, allowing you to empathize and connect deeply with those seeking answers, healing, and purpose in their lives.
- **Recalling the Spirit World:** Experience a life-altering three-to-four-hour session recalling the mesmerizing memories of the spirit world, connecting with soul friends, family, and the intricate planning of your lives on Earth.

Our comprehensive training goes beyond theory, offering hands-on guidance, a Life Between Lives video presentation, and a valuable Q&A session with experienced past-life regression hypnotherapists and trainers. By the end of the course, you'll emerge as a certified expert, equipped with the skills and knowledge to facilitate profound spiritual regression experiences and bring clarity, healing, and purpose to the lives of your clients.

Don't miss this extraordinary opportunity to deepen your understanding of life after death and unlock the secrets of the soul's journey. Join us for the Life Between Lives Intensive Training from November 14th to November 18th, 2023. Whether you prefer in-person or virtual participation, the choice is yours.

Spaces are limited, so reserve your spot now and embark on a remarkable voyage of self-discovery and transformation. Your journey to becoming a master of Life Between Lives starts here!



Past Attendees Say:

"This was an outstanding course - I learned so much!"

"Tremendous growth opportunity"

"Very organized, clear and informative."

Need Course Information Call 1-855-772-0459 or visit the Website: www.nath.world



HYPNOCAFE' MAGAZINE

WHATS BREWING IN THE WORLD
OF HYPNOSIS

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Making the Most of your Hypnotherapy Business

How do you personalize your work to attract the right clients for you?

In this course we will explore your personal why for being a hypnotherapist. We will identify your bliss for doing this work and learn how to "go for it"! We will also learn how to integrate various techniques and tools to help you personalize your offerings.

Full day workshop
with Linda Bennett
Friday, November 10, 2023
\$ 149.00

To register please
visit www.NATH.world



We all have responsibilities.

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that will enhance your
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2023 NATH Conference Presenters



Barbara Austin, EdD, BCHt, CSMC

Barbara has a private practice in Gilbert, AZ. She works with the growing population of caregivers struggling with the fatigue of stress. She is a Board Certified Hypnotherapist, Certified Stress Management Consultant, an author, facilitator, and life coach. She has been a recurring presenter at NATH and IMDHA conferences. She is also an adjunct lecturer at SWIHA.



Linda Bennett, Ph.D, CCHt

Linda Bennett, Ph.D. CCHt., is Senior Curriculum Specialist and the Hypnotherapy Program Director at Southwest Institute of Healing Arts.

Linda is a Certified Clinical Hypnotherapist, Board Certified Hypnotherapy Instructor and Certifying Examiner as well as a Certified Life Coach.

Linda is the esteemed 2022 NATH Lifetime Achievement recipient, 2014 IMDHA Educator of the Year, and 2011 NATH award for Outstanding Clinical Contribution. She is also a published author and active mentor to aspiring professional hypnotherapists.



Peter L. Blum, CHt, CI, MSC

Peter Blum was awarded Instructor of the Year by the Nat'l Guild of Hypnosis in 2004, and in 2009 inducted into the Order of Braid. In 2018 Peter was awarded "Life Fellow in Hypnotherapy" by the Int'l Medical and Dental Hypnosis Association. In 2021, he was inducted into the Hypnosis Hall of Fame. He is also internationally recognized for his pioneering work in the field of Sound Healing, and has performed at the U.N.



Sarojini Alva Changkakoti, PhD, MA, MSc, MHt, LBLt, RM

Sarojini believes in wellness of body, mind, and spirit. She is a Faculty Member of HypnoBirthing International®, and senior Advisory Board member of NATH. Sarojini holds master's degrees in Human Development, Education and Business Management. She is a doctorate in Transpersonal Psychology. Sarojini offers, HypnoBirthing, Fertility consultant, Hypnotherapy, Hypnoanesthesia, Reiki and other workshops in the U.S.A, Canada, Malaysia, UAE, and India.

Sarojini truly transmits the incredible energy and wisdom of her rich experience and learning.

2023 NATH Conference Presenters



Alicia Clifford, LCSWR, BCD, MHT

Alicia Clifford is a Master Hypnotherapist and a Licensed Clinical Social Worker. Alicia has extensive training and experience in the treatment of trauma, mental health, and the impact of adverse childhood experiences. As Karuna Reiki Master, Alicia combines Reiki with mediumship/intuitive practices to enhance the healing potential of hypnotherapy. Alicia serves as NATH's Clinical Advisor and proprietor of Healing Lotus Counseling and Wellness, her private practice in the village of Liverpool, NY.



Suzy Day, CCHt

Based in Oregon, Suzy is a Clinical and Spiritual Hypnotherapist, Board Certified Master Teacher, Master Hypnotic Coach, Certified Specialist in Past Life Regressions, in Life Between Life Regressions, and in Spiritual Exploration; Creator/Trainer of the ChakraScape© protocol; Author, published articles on hypnosis; Facilitator of monthly workshops; Suzy has a deep passion for hypnosis and it's potential to change lives. She provides experiential and engaging workshops, so participants can have an embodied experience of the material.



Paul J DiFranco, MLHR, CHt

Paul DiFranco, HR coach and consultant.

Instructing and performing hypnosis, yoga, and meditation for a decade plus. Paul is a certified clinical and spiritual hypnotherapist. Among his training is the Heart-Centered Hypnotherapy approach developed by the Wellness Institute and taught through the prestigious Cleveland Clinic's Center for Integrative Medicine. He sees clients in both one-on-one session and groups. He also instructs self-hypnosis, which further empowers clients to self-adjust independently.



Amanda M Dodd, CCHt, LC, QHHT, IEMT, RMT

I specialize in helping clients break through challenges, create new choices, and make exciting life changes. With a trauma-informed focus and personal + spiritual development approach, I'm passionate about empowering individuals to break free from codependency and become fully aligned.

A proud board member of NATH, I'm committed to providing high-quality, compassionate care to my clients. I'm a SWIHA alumna with certifications in mind-body wellness, integrative healing arts and 200hr Yoga Teacher.

2023 NATH Conference Presenters



Sheri Fitzner, CHT

Sheri Fitzner is a Certified Hypnotherapist, a Reiki master, and teacher who hosts lectures and workshops. focusing on: Collective Healing and Balancing the Masculine and Feminine Energy.

Sheri manages a virtual and in-person practice in her current town of Cuba, NY. Her Book Worth a Rewatch is a pop-culture reference guide to a spiritual awakening can be found on Amazon. Her next book will be published in August of 2023. To contact: Hypnoforhealing.com



Dan Goyette, MCHT

Dan Goyette MCHT CO-Founder of the Michigan Hypnotherapy Guild also the CO-Founder of the Michigan Hypnosis Conference and The hypnocafe Podcast and Magazine Dan has been a practicing Medical clinical hypnotherapist since 2011 involved in research in hypnosis and hypnotherapy Dan is an associate member of the American Psychological association and a member of APA Division 30: Society of Psychological Hypnosis Dan is also an international speaker



Scott L. Haslar, MA, MHt, LBLt, CCR

I am a retired police officer, author, and recovery coach for those suffering from trauma/addiction. I help run the S.M.A.R.T. recovery group in the OBX of North Carolina. I am certified to assist those in recovery with a Wellness Recovery Action Plan. I have a M.A. in Applied Sociology and an M.A. in Transpersonal Psychology through which, I became certified in Integrated Imagery: Regression Hypnosis (MHt, LBLt). I am an active member of NATH.



Rev. Gail Lynn Heil

Reverend Gail Lynn, a Priestess in the Order of Melchizedek, describes herself as a new thought leader incarnated to help usher in "heaven on earth". As an author, spiritual teacher, and transpersonal hypnotherapist, Rev. Gail Lynn shares her experiences and insights from her NDE and remembering past lives to enLIGHTEN others on the spiritual journey, back to becoming your own hero/heroine. Rev. Gail Lynn will share insights from her upcoming book, "Covid, Karma, and Reincarnation"

2023 NATH Conference Presenters



Dennis Lawson, MHT, NATH VP

Dennis' academic background in psychology and decades of experience as a Martial Arts competitor, teacher, and coach allow him to offer a comprehensive mind, body, and spirit centered approach to hypnosis and coaching. Mr. Lawson is a certified NLP Master Practitioner, has trained in various energy healing modalities, and is the current NATH Vice-President. Dennis assists his clients to unearth the hidden patterns limiting their progress, allowing them to fulfill their dreams.



Heiltje Le Roux, MHT, CHt, LBLt

Heiltje seeks logical correspondences between the unseen world of the psyche and the physical reality of our daily lives. As hypnotherapist, neuroscience coach, astrologer, and tarot reader, she wants to give meaning to the full potential of every client. With a strong spiritual focus, she seeks answers with each individual client she consults, to have the confidence of being in control of their lives, to make informed choices, and be captains of their own destinies.



Roxanne Louise, BA, CHt., RM

Roxanne Louise is a Hypnotherapist, Reiki Master, Dowser, & former President of the American Society of Dowsters. She specializes in mental & emotional healing & has won 7 national awards in hypnosis & dowsing (2 from NATH). Roxanne is the author of several books on hypnosis, Reiki, therapeutic pendulum dowsing, stop smoking, anger management, & the Infinite Intelligence Process. Her websites are RoxanneLouise.com, Dowsing-Online.com, and her blog of over 170 articles is UnlimitedPotentialHealingCenter.com.



Shelley Stockwell-Nicholas, PhD

Behavioral Expert, neuro-hypnosis researcher and developer of somatic interventions for over fifty years, Shelley, is Prez of The International Hypnosis Federation and author of 26 books (her latest "Vagal Joy: Neuro-Hypnosis"). A clinical practitioner, newspaper and magazine columnist and adjunct college teacher, you may have met her as a keynote speaker, teacher or radio/TV guest.

2023 NATH Conference Presenters



Andy Robinson, THt

Andy Robinson is a Certified Transpersonal Hypnotherapist and a member of NATH and ABH. He practices hypnotherapy and light-work with his partner at their practice, Sierra Sky Healing Arts, in Reno, NV. He has over 30 years of experience as a member and facilitator in multiple 12 steps programs of recovery including AA, Al-Anon, & Adult Children of Alcoholics and Dysfunctional Families. Outside this practice Andy is a certified public accountant involved in private industry.

Co-Teacher - Rachel Carey, QHHT

Rachael Carey is a somatic therapy and quantum healing practitioner.



Desiree Holmes Scherini, BCH, MHT, LBLt, CRMT

Desiree Holmes Scherini is a Board Certified, Master Transpersonal Hypnotherapist and Certified Life Coach, NATH Certified Hypnotherapist Instructor. Certified in NLP, Cognitive/Behavioral and Mindfulness Life Coach and Life Between Lives Spiritual Regression and certifications as a Psychic Medium and Tarot Reader. She is recognized as a top Hypnotherapist in Washington DC. She is an author and YouTube and Podcast host of "Intuitive Journey with Desiree".

<https://linktr.ee/DesireeScherini> or directly from her website www.transhypnotherapy.com



Randy Tate, BA, MHT, LBLt, VSTCP

Randy works with individuals and groups to enrich their lives and facilitate self-healing by integrating and empowering the mind, body, and soul. He is a certified Master Transpersonal and Life Between Lives Hypnotist, NATH trainer, Vibrational Sound Practitioner, and holds a BA, from the University of Colorado at Colorado Springs. He and his wife of 48 years, Pam, live in Moyock, NC. Check them out on Facebook at <https://www.facebook.com/pjrtate75/>



John Thomas, M.S.

A graduate of Murray State University with a B.S. In Psychology and English and M.S. in Human Services.

Over sixty years involvement in the Edgar Cayce material with attendance at various conferences, study groups, research and training. Currently an employee of the Association for Research and Enlightenment and the earning of two training certificates in Meditation and Life Coaching.

2023 NATH Conference Presenters



Linda Thunberg, MHT, LbLt, NATH CEO

Linda Thunberg is passionate about helping people create profound changes, which often manifests a whole new lease on life with deep zest! An award-winning Master Transpersonal Hypnotist with a dedication to her clients and the field. Her specialties include addictions, pain management, and especially childhood chakra regression. As President and CEO of NATH (National Association of Transpersonal Hypnotherapists) she teaches 4 levels of hypnosis certifications. Linda is a Certified Master Transpersonal Hypnotherapist, an Addictions Hypnotherapist, Certified Life between Lives Hypnotherapist, and a Quantum Healing Hypnosis Therapist. Linda is also A Delphi University Certified Medium, a Certified Life Coach, and an Ordained Minister.

www.TranspersonalPower.com and www.NATH.world



Rachel Horton White, MPA, CCHt

Rachel Horton White is a clinical hypnotherapist, mindfulness teacher and intuitive guide. Through Soulful Work Intuitive Consulting, Rachel helps people release negative patterns with practical tools like mindfulness, energy and intuition exercises to connect with their true, inner selves. Rachel's recent book is called Tools for the Awakening Soul: A Guide to Activate Your Intuition and Uncover Your Life's Purpose. She lives in mid-coast Maine with her husband and two children. Find Rachel at www.soulfulworkconsulting.com.



Joe Turiano, DCH, MHT.

Joseph Turiano, DCH, is a certified master Hypnotherapist through NATH, and a Doctor of Clinical Hypnotherapy through American Holistic University. He is a certified Family Constellation Therapist through the Hellinger Institute of Western Pennsylvania and an Intuitive Energy Healer who has been in private practice since 2007.



Beth Yates, MHT

Beth Yates lives in the Hampton Roads area. Beth has been teaching and transforming lives for over 25 years for people who want to create profound changes in their lives. Beth is an Ordained Minister, a Master Transpersonal Hypnotherapist, a Ro-Hun therapist, and a Healing Touch practitioner. She studied at Delphi University, served as the Superintendent for the Bureau of Lyceums, NSAC, and is an Associate Minister for the GISA Healing Sanctuary of HR.

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- *Commit to Ethical Practice



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